

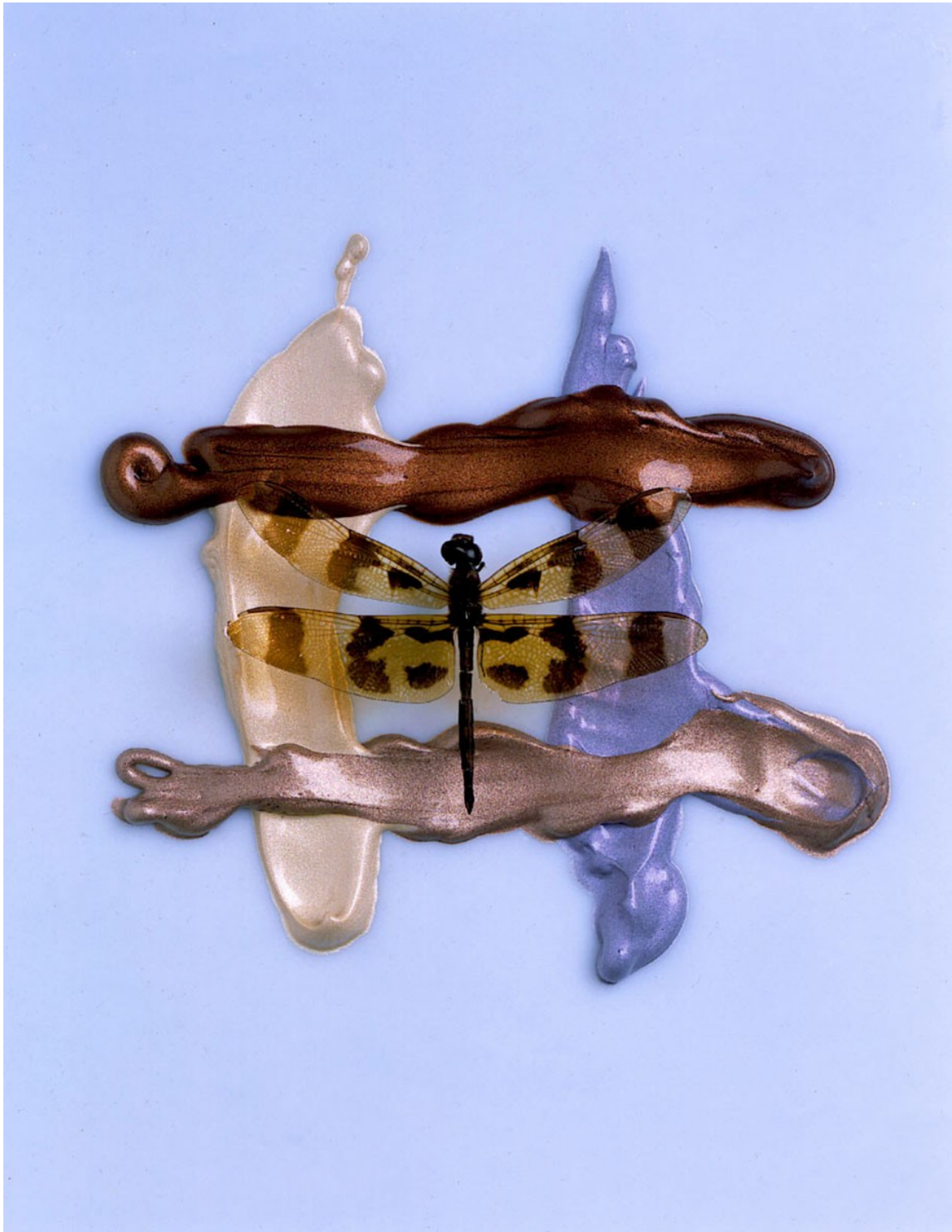
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beauty

cleansing routine

A clear complexion starts with the use of makeup removers, cleansers, and toners. Cleanse every evening to **wash away** makeup, dirt, and oil, says New York City dermatologist Sapna Westley, M.D. If you have oily skin or apply an acne treatment product at night, you may want to cleanse again in the morning—otherwise splashing with warm water is fine.



1 makeup remover

While most facial cleansers take off makeup, a remover may be needed to dissolve longer-wearing eye-specific cosmetics such as eyeliner and mascara. Choose one that indicates it's suitable for the eye area, apply to a cotton pad, and press gently for several seconds. Follow with a cleanser.

2 cleanser

Pick a soap-free formula—one that cleans without overdrying and works for all skin types. If you're prone to acne, use a gentle exfoliating wash (one that contains sloughing beads or alpha or beta hydroxy acid) once a week to remove dead skin cells that block pores and cause breakouts.

3 toner

Also known as astringents, clarifying lotions, tonic waters, and skin conditioners, toners can help temporarily remove excess surface oil and are best used by those with oily complexions. Choose one that is alcohol-free, and after cleansing, apply it to bare skin with a cotton pad.

how to determine your skin type

Even though the type of skin you have is genetically determined, the right skin-care products and regimen can—to a certain extent—improve its **appearance** and condition. In order to select the appropriate products, you need to first determine your skin type. To do this, Westley recommends gently washing skin with a basic cleanser (one not formulated for any particular skin type). Wait one hour, then press a sheet of **blotting paper** to your forehead, nose, chin, and cheeks. If the paper picks up oil in all areas, you have oily skin. If it shows oil only in the **T-zone** (this area includes the forehead, nose, and chin) your skin is normal/combo. If the paper picks up no oil at all, your skin type is dry.

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BEAUTY

White Flowers



Clockwise from bottom left: Gardénia (\$55), from CHANEL, was Coco Chanel's follow-up to the legendary No. 5. Sweet pea, mimosa and Egyptian jasmine come together in MILLER HARRIS's Coeur de Fleur (\$90). Orange blossoms mingle with Indian tuberose, white rose and white jasmine in Fleurs d'Oranger (\$92), from SERGE LUTENS. To capture tuberose in its still-in-the-earth form, master perfumer Dominique Ropion created Carnal Flower (\$155) for EDITIONS DE PARFUMS FRÉDÉRIC MALLE. Jasmine and tuberose are layered in CAROLINA HERRERA (\$69), the designer's signature scent. White and red Casablanca lilies form the base of the fresh and clean Des Lys (\$69), from ANNICK GOUTAL. For shopping information, see page 136.

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A photograph of Chanel makeup products on a purple background. At the top left is an open LA LIGNE DE CHANEL Professional Eyeliner Duo in Noir-Lamé, showing two shades of black eyeliner. To its right is an open LES 4 OMBRES Quadra Eye shadow palette with four shades of smoky eye shadow. Below the eyeshadow palette is a small pile of white powder. In the foreground, there is a tube of EXCEPTIONNEL DE CHANEL Intense Volume and Curl Mascara with its six-sided brush applicator resting on a smudge of mascara. The tube is black with the Chanel logo on the side. The background is a solid purple color with soft shadows.

CHANEL
New! LA LIGNE DE CHANEL Professional Eyeliner Duo helps you achieve a perfectly lined eye. In Noir-Lamé. \$45.
LES 4 OMBRES Quadra Eye shadow contains the perfect harmony of colors to create a dramatic smoky eye effect. In new Smoky Eyes. \$56.
New! EXCEPTIONNEL DE CHANEL Intense Volume and Curl Mascara with patented six-sided brush gives you extravagantly lush, sexy lashes. In four deep, smoky shades. \$28 ea.

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LANCÔME

Color Design Eyeshadow Quads for a soft glow that will illuminate your lids. \$42.
New! Virtuose 24 Carat Mascara topcoat with luminous pigments for richer, deeper results with a touch of sparkle. Wear it alone or over your favorite mascara. \$24.
Le Stylo Waterproof Eyeliner in complementary shades 23.50 ea.

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