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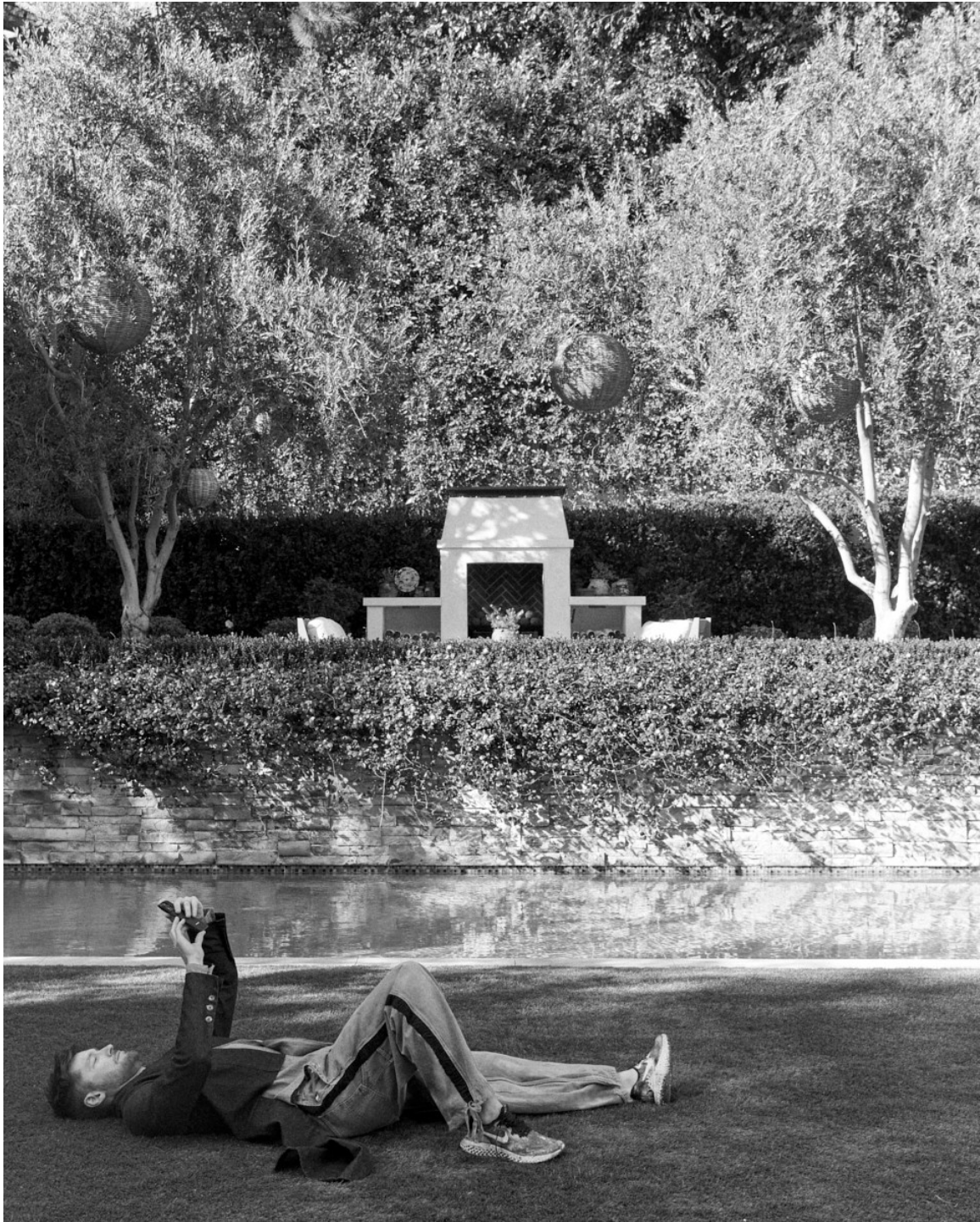


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## ENDLESS SUMMER

YOUR WEDDING IS YOUR MOMENT IN THE SUN—DON'T BE AFRAID TO TAKE SOME BRIDAL FASHION RISKS AND LET YOUR PERSONAL STYLE REALLY SHINE. THIS SEASON'S HOTTEST LOOKS ARE ALL ABOUT UNEXPECTED SILHOUETTES, MODERN DETAILS AND GLAM EMBELLISHMENTS.

PHOTOGRAPHY BY DEWEY NICKS

**EASY ELEGANCE**  
Top in sizes up to 16, \$1,395.  
panta in sizes up to XXL,  
\$1,695. / NaemKhan.com;  
earrings, \$225, Mignonette.  
Gavigan.com; sunglasses,  
stylelike.own; shoes, \$365,  
SJPbySarahJessicaParker.com

the best 138

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## BOLD MOVES

Dress in sizes up to 20, \$3,200, [AlexandraGrecco.com](http://AlexandraGrecco.com); earrings, \$5,400, [HStern.net](http://HStern.net); engagement ring, \$2,490 (not including center stone), [Tacori.com](http://Tacori.com); shoes, Alexander Wang courtesy of Albright Fashion Library

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**IN THIS ISSUE!** The Body Type *You* Want To See In Magazines

# Women's Health

**BELLY BLAST!**  
This No-Gym Workout  
Tones In Just 3 Weeks

Instagram  
Your Food, Lose  
10 Pounds!

**SOFIA VERGARA!**

**STRONG.  
SEXY.  
NAKED.**

**The Best HAIR  
Of Your Life**

**Snack  
Your  
Way to  
Better  
Sleep**

**The Scary New  
Health Crisis  
Is It Happening  
In Your Town?**

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WomensHealthMag.com

A photograph of Sofia Vergara, a well-known actress, posing on a wooden crate. She is nude, with her back to the camera but looking over her shoulder with a smile. Her long, wavy brown hair is styled down. The background is a plain, light color.

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## R hollywood Romance

In the hallowed halls  
of Marlene Dietrich's former  
Beverly Hills estate, the season's high-drama  
looks put on a powerful performance

Photographs by François Nars



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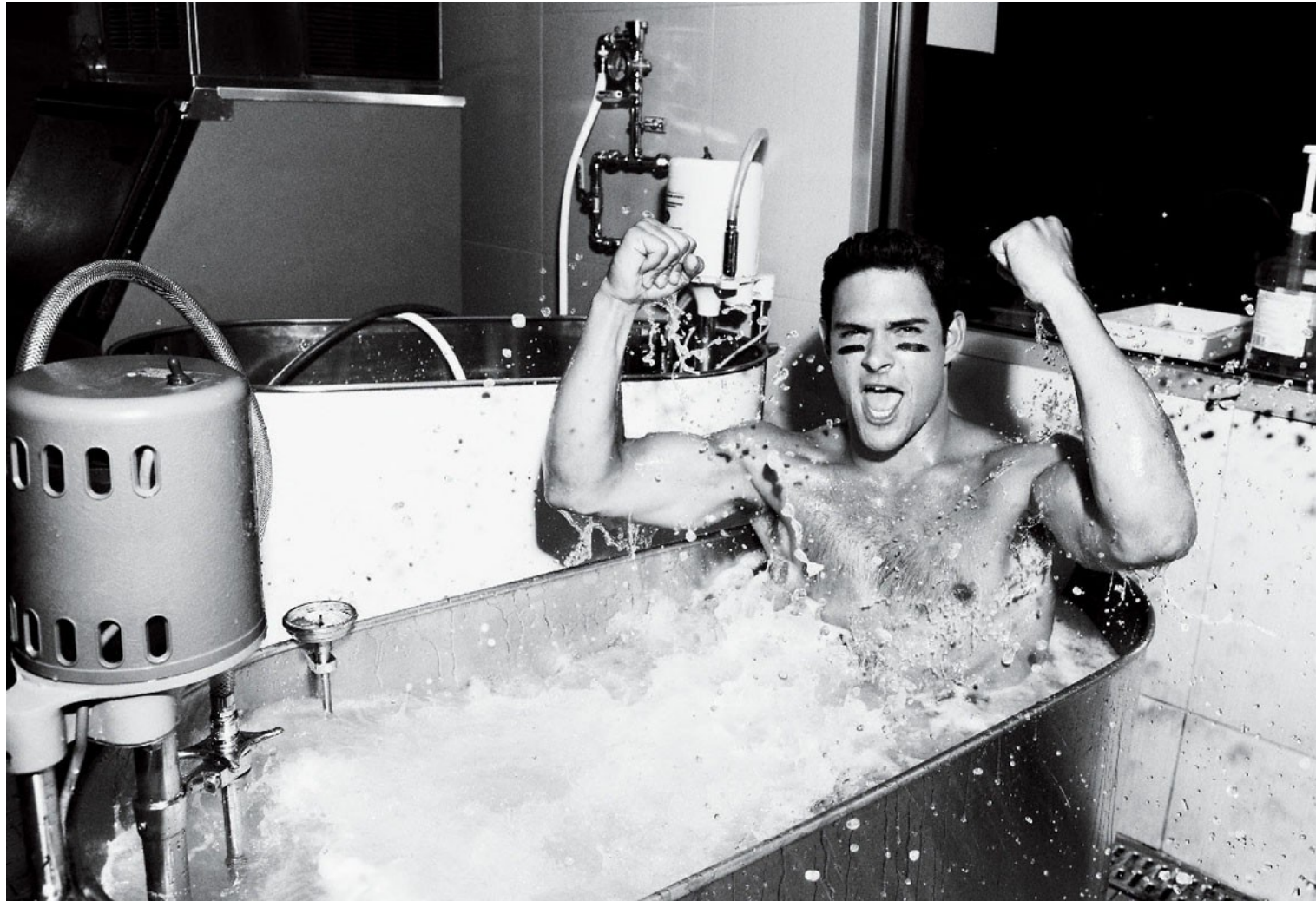


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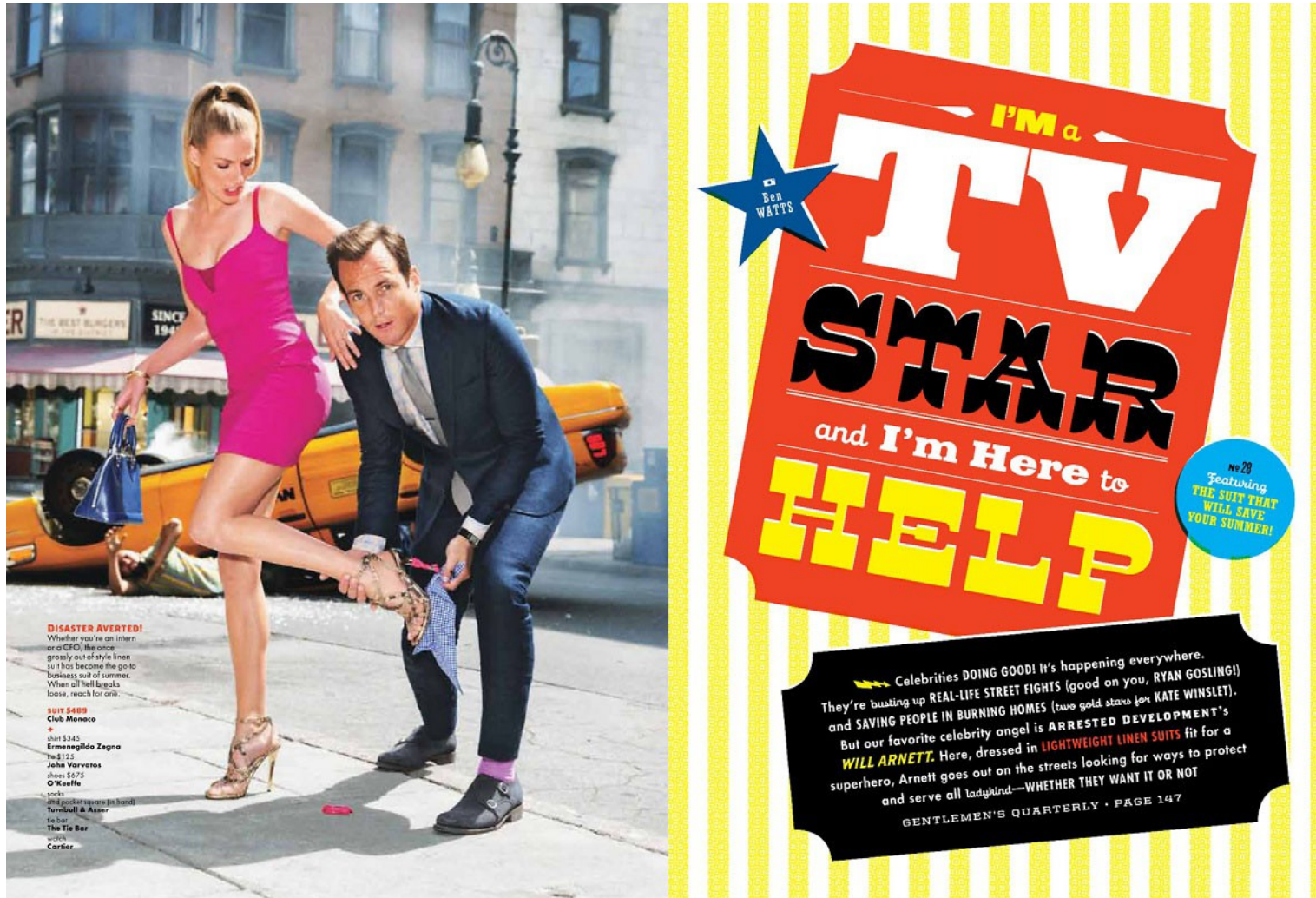
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**Community, NBC**  
» Chevy Chase, Donald Glover,  
Joel McHale, Ken Jeong, Danny Pudi

**GANT BY  
MICHAEL BASTIAN**  
ON THE CAST OF  
'COMMUNITY'

**Took the reins:** 2009, New York City  
**Designer:** Michael Bastian, 45  
**The aesthetic:** The beloved American heritage brand gets a pick-me-up from one of the marquee interpreters of American style. The result is classic sports-influenced proppy (madras, rugby shirts, navy blazers) updated with bolder patterns and colors and slimmer fits.  
**Every man should own:** "A pair of five-pocket cords. They work with everything, and you need to give your jeans a rest. Sometimes there's a little too much denim static out there."  
**Fashion pet peeve:** "I'm ready for the whole stylist phenomenon with celebrities to go away. People always ask, 'Whose style do you admire?' Well, it's hard to say, because I don't think we're seeing personal style; we're seeing hired style."  
**Inspiration:** "No one has more style than a New York City 7-year-old. I live next to a school in Greenwich Village, and it's always so cool to see the parents walking their kids to school, because it's two moms or two dads, mixed-race families, and you can see that the kids are just allowed to be themselves and pick their own clothes in the morning."

Hair by Lost at Marital Vivat Salon. Grooming by Erin Smith for Hudson for Men. Prop styling by Abraham Latham for Artmixbeauty.com. Produced by Lisa Greco for GE-Projects.com.  
For clothes, see Additional Credits, page 203.  
Where to Buy R? Go to [GQ.com/go/fashiondirectories](http://GQ.com/go/fashiondirectories)

**MORE**  
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with the finalists  
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★ ★

**WARRIORS OF RADNESS**

ON THE CAST OF 'SKINS'

↓

★ ★

**Founded:** 2008, Los Angeles  
**Designer:** Rick Klotz, 43  
**The aesthetic:** SoCal surfwear with the volume turned all the way up.  
**Namesake:** "It's a play on the name of this '80s skate show that was called Wizards of Rad."  
**Inspiration:** "Whenever I'm looking for fresh ideas, I call up friends, and I'm like, 'Hey, man, can I snag your photo album from '86?' I always know those will be packed with a bunch of badass guys with blond hair and bright wet suits."  
**Favorite read:** "There's this magazine from the '70s called *Wet*. It was about the art of 'gourmet bathing and beyond.' The articles were all related to water—seltzer, hot springs, ocean... Genius."

★ ★

**RIVIERA CLUB**

ON THE CAST OF 'FRIDAY NIGHT LIGHTS'

→

★ ★

**Founded:** 2009, Santa Barbara  
**Designers:** Derek Buse, 29; Joe Sadler, 31; Greg Ullery, 28  
**The aesthetic:** Equal parts golf course and beach. These guys are after a refined dishevelment that captures the laid-back Santa Barbara vibe.  
**Early days:** JOE: "The brand was conceived on a golf course over a few beers."  
**Soundtrack:** JOE: "Classic rock is sort of a unifying thing for us—Jim Croce, J. J. Cale, Petty. Our go-to station on iTunes radio is All Classic Hits (181.FM). All classics of the '60s and '70s. And they're serious when they say *all* classics."  
**Fashion pet peeve:** DEREK: "Football jerseys—unless it's the Seahawks."



**Skins, MTV**  
 > James Newman, Jesse Carere, Danny Flaherty, Ron Mustafaa

For clothes, see Additional Credits, page 209.  
 Where to Buy It?  
 Go to [GO.com/go/fashiondirectories](http://GO.com/go/fashiondirectories)

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**The Vampire Diaries, CW**  
> Michael Trevino, Steven R. McQueen, Zach Roerig



★ **T BY ALEXANDER WANG**  
ON THE CAST OF  
'THE VAMPIRE DIARIES'

★ **Founded:** Women's, 2009; men's, 2010, New York City  
**Designer:** Alexander Wang, 27  
**The aesthetic:** Wang's relaxed anti-fit is brilliantly deceptive—there's a science to the slouch of his cool-kid tees and sweats. Slide 'em on and you feel as loose and easy as the clothes.  
**Fan base:** Unofficially they're known as the "Wangsters"—downtown New York hipster chicks, like Chloë Sevigny, M.I.A., Zoë Kravitz, and Kirsten Dunst, who've been slinking around in his tees for years.  
**Fashion pet peeve:** "Anything bedazzled."  
**Every man should own:** "Wilted, washed T-shirts—ones that look like they were slept in and pulled on the next day. They're modern and comfortable, and they mold to your body so they feel totally personal."

For clothes, see Additional Credits, page 203. Where to Buy It? Go to [GQ.com/go/fashiondirectories](http://GQ.com/go/fashiondirectories)

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## fitz AND THE TANTRUMS

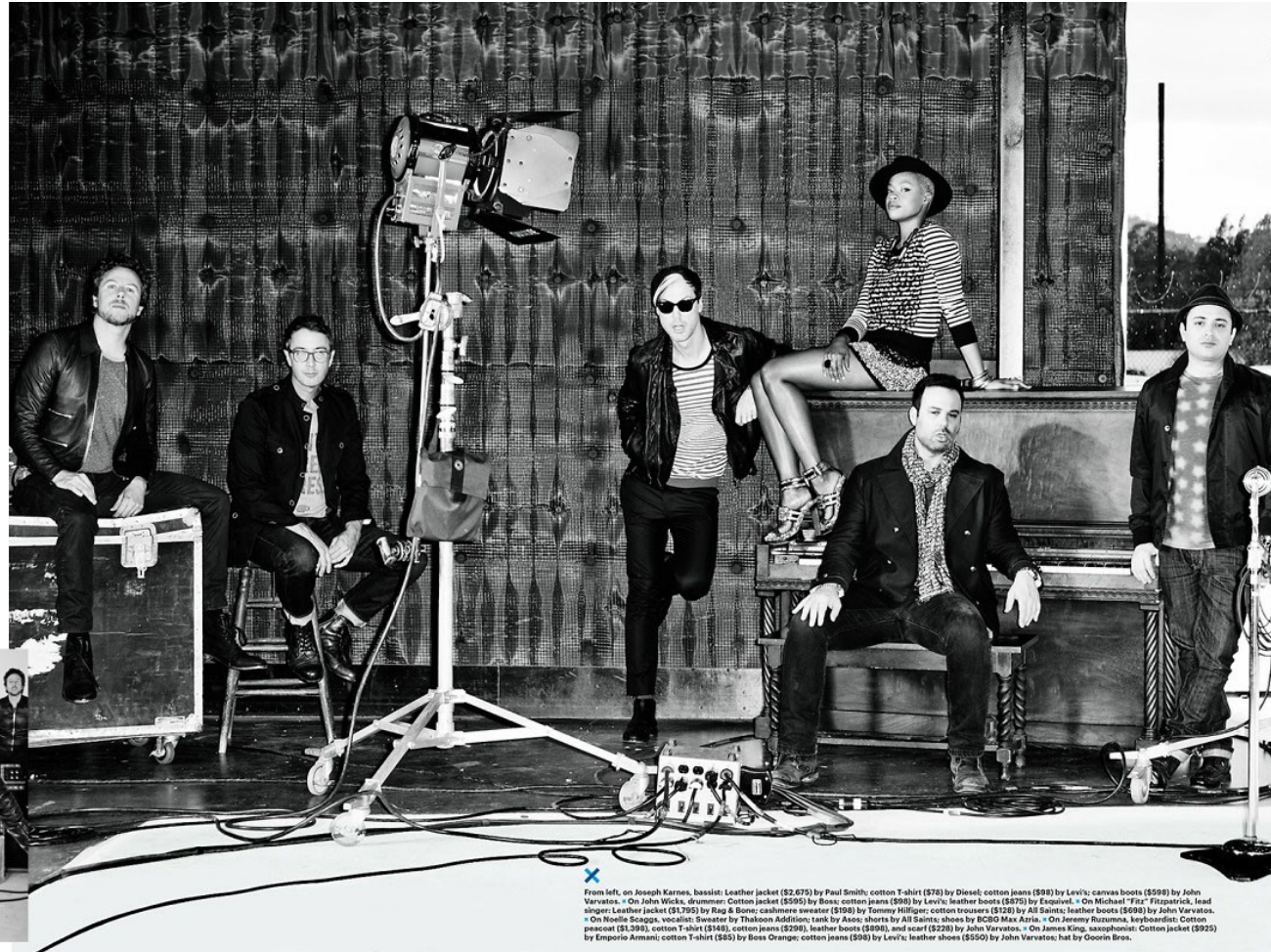
**FOR THE UNINITIATED:** Led by Michael "Fitz" Fitzpatrick, these R&B revivalists blend a love for classic Motown and Stax with bits of Hall & Oates-inspired pop. They turned a reputation for blistering Los Angeles club shows into a record deal and 2010's *Pickin' Up the Pieces*, which yielded an instantly classic summer song, "MoneyGrabber." The band's follow-up, *More than Just a Dream*, lands this month.

**FITZ ON THEIR SOUND:** "There's just two markers—it has to make you want to sing along before it's over, and it has to make you want to dance. Those are the goals. Every time."

**ON THE STATE OF SOUL MUSIC:** "A lot of what's out there is not melodic; it's rhythmic. They're creating hooks with rhythm and repetition, but a lot of times it's the same note over and over. For us, it's about strong melodies. Melody gives people a way in. It makes them want to be a part of the band, dancing in their living room or singing along in the car. It's at the core of every great pop song."

**ON FAME AND EVERYTHING AFTER:** "To have anyone give a shit enough to weigh in on what we do is pretty amazing. Good, bad, ugly. I'll take it. Before, I couldn't get anyone to care. I've been in a lot of bands and played a lot of shitty shows for empty rooms. And I know these things come and go. One minute they love you, one moment they couldn't care less. I hope that's not true for us, but just in case I plan on enjoying every fucking moment."

**WHAT THEY'RE LISTENING TO:** Capital Cities, "Patience Gets Us Nowhere Fast"; the Airborne Toxic Event, "Timeless."



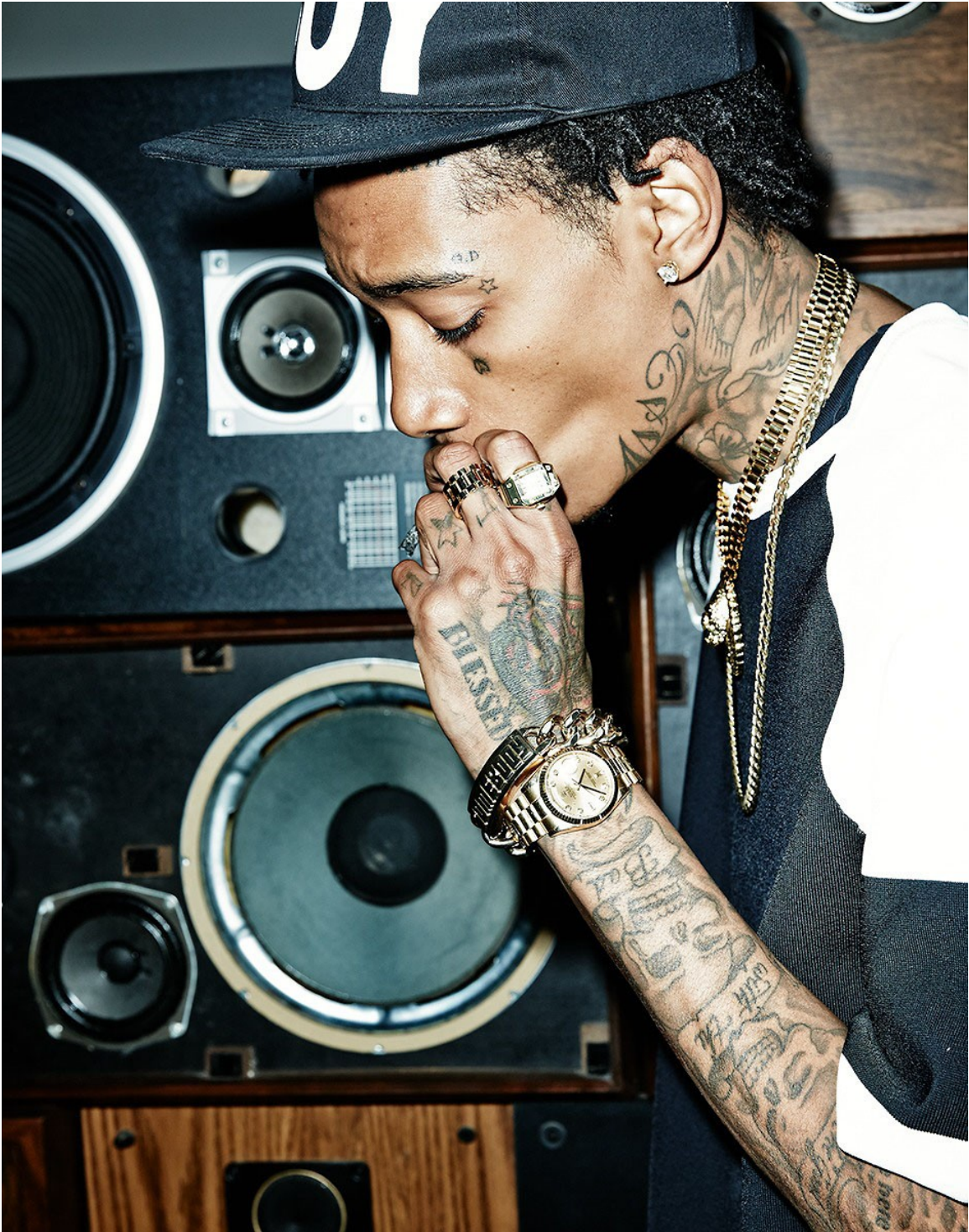
From left, on Joseph Kernes, bassist: Leather jacket (\$2,675) by Paul Smith; cotton T-shirt (\$75) by Diesel; cotton jeans (\$98) by Levi's; canvas boots (\$598) by John Varvatos. » On John Wicks, drummer: Cotton jacket (\$595) by Boss; cotton jeans (\$98) by Levi's; leather boots (\$875) by Equivel. » On Michael "Fitz" Fitzpatrick, lead singer: Leather jacket (\$1,795) by Rag & Bone; cashmere sweater (\$198) by Tommy Hilfiger; cotton trousers (\$128) by All Saints; leather boots (\$698) by John Varvatos. » On Noodle Scapp, vocalist: Sweater by Thakoon Addition; tank by Aesop; shorts by All Saints; shoes by BCBG Max Azria. » On Jeremy Buzman, keyboardist: Cotton peacoat (\$1,398), cotton T-shirt (\$148), cotton jeans (\$298), leather boots (\$598), and scarf (\$228) by John Varvatos. » On James King, saxophonist: Cotton jacket (\$925) by Emporio Armani; cotton T-shirt (\$65) by Boss Orange; cotton jeans (\$98) by Levi's; leather shoes (\$550) by John Varvatos; hat by Guccini Bros.

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## HUNTER HAYES

**FOR THE UNINITIATED:** This twenty-one-year-old country phenom was nominated for Best New Artist at this year's Grammys, but he ain't really new. Hayes joined his first band at four and performed with Hank Williams Jr. and Charlie Daniels before graduating elementary school. For his self-titled major-label debut, he wrote or co-wrote all the songs, served as coproducer, and played more than thirty instruments. The album spawned three massive country-radio hits, and he's logged more than two hundred dates a year on the road.

**ON GROWING UP COUNTRY:** "Every demo I do has a mandolin or resonator on it—some element of the bluegrass or classic country world that I grew up listening to and that first drew me in. And then I always try to find somewhere for a bluesy guitar sound, because that's also what I love. Musically, I'm always finding my way home."

**ON PLAYING LIVE:** "The stage is my comfort zone, and playing live is what I've always wanted to do. It's why I want to do two hundred dates a year. I wouldn't feel that way if I were nervous onstage. These days, we play a two-and-a-half-hour headlining show. We have a song with a twenty-minute outro on it. Things evolve and I love that."

**TELL US MORE ABOUT THAT:** "Country music busts the wall between performer and audience. There's a connection because there's a vulnerability, a confessional quality, to so much of the songwriting. Those lyrics take you in."

**WHAT HE'S LISTENING TO:** Mercy Me, "So Long Self"; Lori McKenna, "Ladders and Parachutes."



Above: Leather jacket (\$2,075) by Dolce & Gabbana; denim shirt (\$760) by Dior Homme; cotton jeans (\$90) by Kill City; sneakers by Converse. Above right and below: Leather sneakers (\$225) by Rag & Bone.

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## WIZ KHALIFA

**FOR THE UNINITIATED:** Typically photographed with a giant halo of smoke hovering overhead, Wiz Khalifa earned his reputation on the back of good old-fashioned hustle: Mixtapes and hard touring culminated in his blazing breakout track "Black and Yellow." Late last year, he released *O.N.I.F.G.*, which has already generated two hit singles, "Work Hard, Play Hard" and "Remember You."

**ON HIS SOUND:** "I'm about partying, so my songs are usually just about smoking weed and having fun. When somebody isn't having a great day, I like to be the guy that takes that load off your back."

**ON HIS BIG MOMENT:** "Performing with Snoop at Coachella [in 2012] was crazy. I grew up listening to Snoop and idolizing him. But not only did he bring me out that night, he brought out Dr. Dre and freestyle 'hologram' Tupac. To be in that sentence is pretty amazing. Pinch yourself! I had to slap myself."

**ON GETTING BUSY:** "This is a serious job. It's why I'm constantly at odds with friends and family—they don't understand why I go so hard, why I never stop. But I like learning new things. Right now, I'm learning to sue people and get my money. After talking to people who work for Donald Trump—smart, successful people—I've realized I gotta go after all that. That's what I'm going to do that I didn't last year."

**WHAT HE'S LISTENING TO:** Chief Keef, "I Don't Like"; Juicy J, "Bandz a Make Her Dance."

ESQUIRE STYLE MUSIC 2013

Rayon shirt (\$275) and wool trousers (\$575) by Alexander Wang; leather boots (\$339) by Vintage Shoe Company.

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**NEVO**

**FOR THE UNINITIATED:** He calls them his "Four Kings"—Michael Jackson, Prince, Stevie Wonder, Sammy Davis Jr.—and in this songwriter, Grammy-winning solo artist, dancer, and actor, their influence is easy to spot. His latest album, *R.E.D.*, features perhaps the lushest valentine of his career, "Let Me Love You."

**ON DANCING:** "I'm not a natural. I had to teach myself—or be taught—everything I do. I just spent hours and hours in the mirror mimicking Michael Jackson."

**ON SAMMY ET AL.:** "I grew up in Las Vegas. My mom worked in pretty much every casino on the Strip. She brought home the Rat Pack stuff. Sammy was the only one that looked like me, so I naturally gravitated to him. Sammy made it cool to be black at a time when, let's just say it, it wasn't very cool to be black. His name was on the front of the building in lights, and he had to go in the back. But you never saw him sweat."

**ON THE BIG MOMENT:** "Early on, I was at a festival in Japan—eighty thousand people. My first song was 'So Sick,' which was my first number one as an artist, and I turned the mic around to the crowd and they sang the whole song. Every lyric. That was my first experience with the power of music. No barriers exist. Age. Race. Language. A great song—that trumps everything else."



**ESQUIRE**

STYLE MUSIC 2013

Above: Wool shirt (\$570) and mohair trousers (\$835) by Prada; leather shoes (\$415) by Gresson.

Opposite: Cotton cardigan (\$960) and cotton trousers (\$750) by Bottega Veneta; leather monk-strap (\$475) by O'Keefe; cotton-and-silk scarf (\$425) by Burberry London; hat by Hollywood Hatters.

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**New pop**  
Your go-to black dress feels safe, but consider it on summer break! Change to a livelier tune with black and white stripes. Or try black sequined shorts—they're as flashy as a miniskirt but far more comfy. On De Wit: blazer, A.P.C., \$390. Shirt, CH Carolina Herrera, \$330. Shorts, Grass, \$49. Hat, Eugenia Kim, \$297. Bracelets, M.C.L. by Matthew Campbell/Laurenza, \$1,030 to \$1,410. Shoes, Marc by Marc Jacobs, \$330. On Asher: dress, Elizabeth and James, \$465. Shoes, Miu Miu, \$595.  
Fashion director, Eryan Metzner

**Gabe Saporta**  
lead singer

**Ryland Blackinton**  
guitarist

**Alex Suarez**  
bass player

**Nate Novarro**  
drummer

**Mila de Wit**  
model

**Victoria Asher**  
keytarist

**Cobra Starship presents...**  
**YOUR NEW PARTY MIX**

Hitting "repeat" every time you get dressed to go out? Switch it up with these hot new finds. You may even be moved to mingle more!

Photographs by Ben Watts

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**WELL,  
AHOY THERE**

"I'm opening my heart up to the idea of dating," the newly single Wilde told *Glamour*. Gown, Michael Kors; gold and silver cuff, Charlotte Bjorlin Delia. See *Glamour Shopper* for more information.

*Fashion editor:*  
Anne Christensen.

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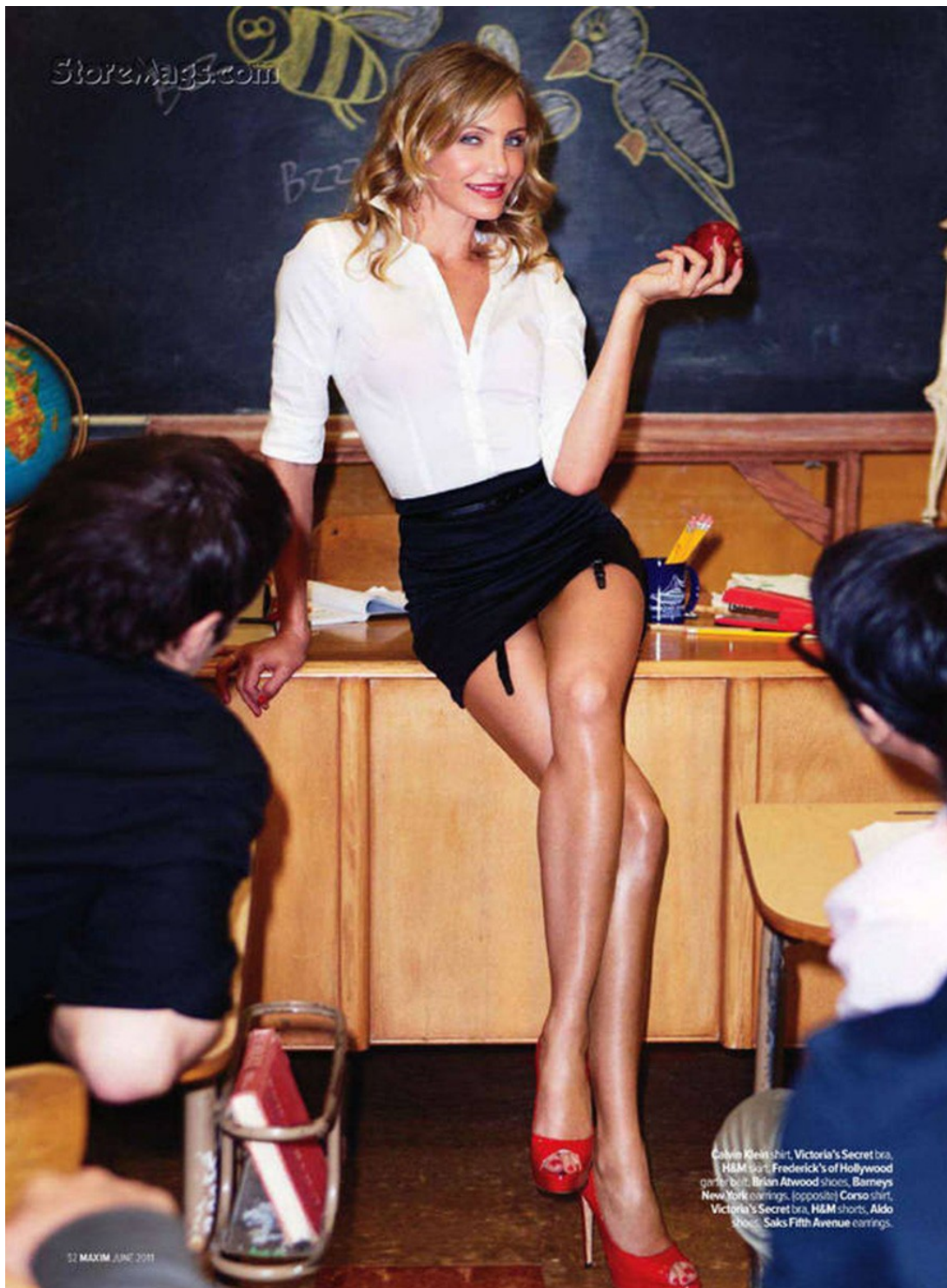
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plaid behavior  
On left: Blazer, \$1,850, dress, \$895, Deconstructed orange-collared shirt, \$1,468, shoes, \$935, Louis Vuitton socks, \$27, Falke bag, price upon request, Salvatore Ferragamo. On right: Jacket, \$3,800, top, \$1,468, skirt, \$1,995, Louis Vuitton socks, \$9, Foot Traffic shoes, \$895, Oscar de la Renta. On nails: OPI Nail Lacquer in Black Onyx.

What *Mad Men*'s Sally Draper might wear her senior year: scholarly oxford collars, checkered skirts, and high-heeled loafers with attitude aplenty

## Summer School

Photographs by Txema Yeste  
Fashion editor: Alison Edmond

JUNE 2012 / MARIE CLAIRE 151

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Demo your  
amped-up  
strength  
and agility  
in active-  
inspired  
suits that  
can keep up  
with you. No  
basic, boring  
tanks here.

SPORTY



Indah top, \$105,  
and bottom, \$92;  
shopindah.com;  
BCBG Max Azria  
hat, Quay Australia  
sunglasses, Tissot  
watch, Shashi  
brooches

**S**UMMER HAS A WAY OF sneaking up. And when the flesh-baring weather hits, you want to be ready. To see real results in a short amount of time, we're revving up your fitness routine—but that doesn't mean you'll be slaving at the gym for hours. In fact, you'll curve sleek muscle and torch body fat in as little as 10 minutes a day. "Although these strength routines are short, they're highly efficient, because they feature compound exercises that work more than one muscle group at a time," says strength and conditioning specialist Chris Powell. He designed this program in the same way he trains his clients when they need to shape up quickly. Each sweat session also creates an "after-burn" bonus that keeps your metabolism going long after you're done. Simply alternate between Workout A and Workout B four days a week; turn up the hot-body effect with the perfect dose of cardio (see "Torch More Fat with Cardio," page 156).

Another big bonus: This plan doesn't require you to fuel all your workouts with kale salad. You need to eat well, but we've made it easy; throughout this guide, look for nutrition tips from Christine Gerbstadt, M.D., R.D., author of *Doctor's Detox Diet: The Ultimate Weight Loss Prescription*. Stay on track and see a hotter body in as little as two weeks. (We grant you full permission to order one of these to-die-for suits as added incentive!)



Nicki Minaj  
swimsuit, \$35;  
shopyour  
way.com; Tissot  
watch; Taiwanese  
bracelet

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Competing textures look quietly elegant in neutral hues, while cascades of pom-poms add fun.

KNIT MULTI-YARN JACKET, \$200, TOPSHOP.COM. SILK BLOUSE, \$70, HELM. HM.COM FOR LOCATIONS. PERFORATED ULTRASUEDE SHORTS, \$245, BABILA. BABILACLOTHING.COM. FEATHER EARRINGS, \$4 FOR THREE, CHARLOTTERUSSE.COM. BEAD TASSEL BRACELET, \$58, SEQUIN, 212-398-7363. WOVEN LEATHER BELT, \$72, 213 INDUSTRY DIAMONDS&PEARLS.COM. COTTON WEDGES, \$30, CYNTHIA VINCENT FOR TARGET, TARGET.COM. MULTI-ZIP LEATHER BAG, \$1295, D&G, 800-979-3038 FOR LOCATIONS

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IT'S SPRING. (TRUST US, IT'S COMING.) YOU NEED A JACKET THAT WILL KEEP YOU WARM (BUT NOT TOO WARM)—ONE THAT YOU CAN WEAR WITH A T-SHIRT BUT ALSO WITH A SHIRT AND TIE. YOU NEED A MODERN SAFARI JACKET—SEEN HERE ON 'LOST' STAR RODRIGO SANTORO IN THE TOWNS, BEACHES, AND HILLS OF HAWAII

► CARTER SMITH 07.GG.COM\_322

THE GO-  
EVERYWHERE,  
MATCH-  
EVERYTHING  
**JACKET**

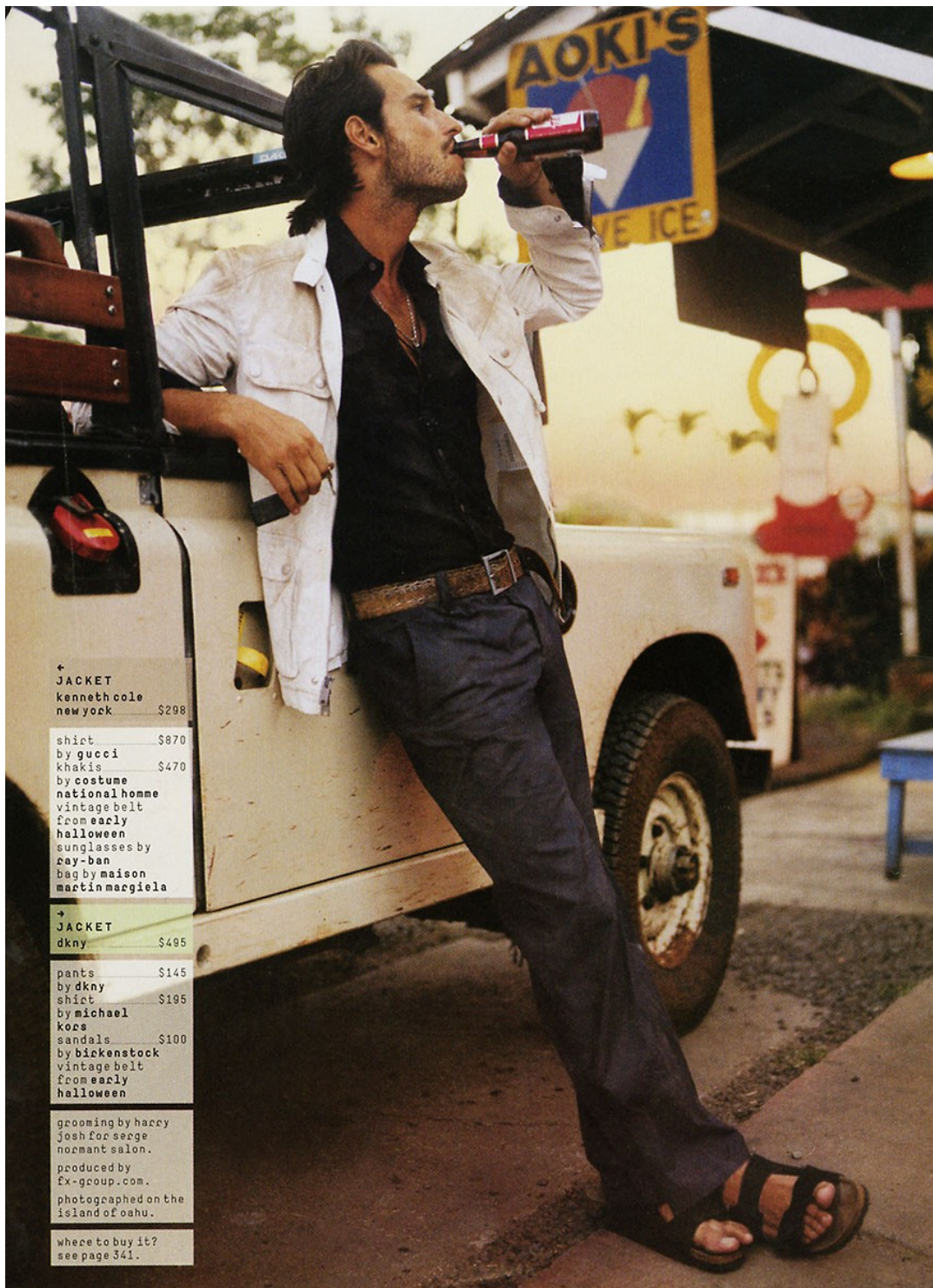
JACKET	
michael	\$1,274
bastian	
shirt	\$275
by tim	
hamilton	
jeans	\$340
by nudie jeans	
belt	
by maison martin	
margiela	
bag	
by yves saint	
laurent	
vintage bracelet	
from malet	
mercantile	

where to buy it?  
see page 341.

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*DREAM*  
*weaving*

Right now, the prettiest *KNITS* are ethereal, body enveloping, and inviting to touch. And there's no better place to *SHOWCASE* them than in one of the country's most romantic—and enduringly *BEAUTIFUL*—locales: the lush vineyards and rolling hills of northern California.

*PHOTOGRAPHS BY Colette de Barros*

**GREAT LENGTHS**  
A muted slouchy sweater complements a boldly printed maxi skirt.

Denim & Supply Ralph Lauren sweater, \$89.50, [ralphlauren.com](http://ralphlauren.com)  
Missoni for Target skirt, \$50, [target.com](http://target.com); The Frye Company boots, \$398, [thefryecompany.com](http://thefryecompany.com)  
Cieobella bag, \$207, [cieobella.com](http://cieobella.com); Wooden Ships by Paola Buendia scarf, \$68, 888-217-6700; AK Vintage necklace, \$130, [akvintage.com](http://akvintage.com)

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**TOP NOTCH**  
*This whimsical knit hat takes a feather-weight dress into fall.*

Topshop hat, \$32, [topshop.com](http://topshop.com);  
Buffalo David Biltzen cardigan,  
\$108, [buffalojeans.com](http://buffalojeans.com);  
Pencey Standard dress,  
\$99, [shopbop.com](http://shopbop.com);  
The Frye Company boots,  
\$198, [thefryecompany.com](http://thefryecompany.com);  
Chan Luu necklace,  
\$325, [chanluu.com](http://chanluu.com);  
Beth Frank Belt belt,  
\$125, [vintagebelts.com](http://vintagebelts.com)

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## CLOUD COVER

*Luxe textures and trim add a gossamer quality to an oversize cardigan.*

Odd Molly cardigan, \$285, [deepfing.com](http://deepfing.com); American Eagle Outfitters dress, \$44.50, [ae.com](http://ae.com); Charles David boots, \$445, 973-258-0559; Chan Luu necklace, \$325, [chanluu.com](http://chanluu.com)

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## **BODY BLANKET**

*Indulge your Bohemian side with a floor-skimming duster.*

Mavi Jeans sweater coat, \$180, [mavi.com](http://mavi.com); Topshop top, \$72, [topshop.com](http://topshop.com); Urban Behavior shorts, \$29.80, [urbanbehavior.com](http://urbanbehavior.com) for info; Fratelli Rossetti boots, 212-688-5107; Vicki Turbeville necklace, \$110, [southwesternjewelry.net](http://southwesternjewelry.net).

Beth Frank Belt belt, [vintagebelts.com](http://vintagebelts.com); Gold Toe socks, \$8, [goldtoe.com](http://goldtoe.com)

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## ► GRAPE-HONEY FACIAL

"When applied topically, grapes deliver high levels of antioxidants that help wage war against the free radicals that attack your skin and cause premature aging," says Ariel Ostad, M.D., a clinical assistant professor of dermatology at New York University Langone Medical Center. Plus, their high fructose content helps bind moisture to the skin. Honey is a natural homeostatic with antibacterial properties, so it can

help prevent blemishes without sapping precious moisture. Chloé Crockett, lead aesthetician at the Kenwood Inn and Spa in California's Sonoma County, utilizes visiotherapy (spa lingo for the use of ingredients derived from grapes, grape seeds, or red wine) in several of her treatments. She suggests trying this facial once a week before bedtime—it's good for all skin types.

**1.** In a small bowl, crush five red grapes with a fork. (The rich purple skins of red grapes contain more of the antioxidant

resveratrol than those of green grapes, says Crockett.)

**2.** Add a tablespoon of honey and a pinch of flour to help bind and solidify the mixture. If your T-zone is shiny by midday, add two strawberries (they contain smoothing alpha-hydroxy acid) and the juice of half a lemon (it acts as an astringent and helps sop up excess oil).

**3.** Use your fingers to spread the mixture onto a clean face, avoiding the eye area. Leave it on for 10 minutes, then rinse well.

## ► OLIVE OIL BODY TREATMENT

Olive oil isn't just good for your heart; it's beneficial to your skin too. "Olives are powerhouses of vitamins A, E, and K, and omega-9 fatty acids, all of which help reduce inflammation, dryness, wrinkling, and sagging," says Ostad. Try this treatment.

**1.** In a small bowl, mix three to five tablespoons of olive oil with two to three tablespoons of Himalayan sea salt or plain granulated sugar (play around

with the ratio until you find one that covers your whole body). These ingredients exfoliate gently but effectively. "Use extra-virgin or citrus-infused olive oil to help awaken your senses," says Jeannie Jarnot, spa director at the Carneros Inn in Napa Valley. Try Katz Suisun Valley Organic Meyer Lemon Olive Oil (\$22, katzandco.com) and Himalayan Pink Sea Salt (\$5 for 8 oz, at The Vitamin Shoppe).

**2.** Hop into the shower and wash with soap as you

normally would. Turn off the water and apply the mixture to wet skin in gentle, circular motions. Rinse thoroughly and pat skin dry. Use this scrub once a week on your whole body; twice a week on rough areas like elbows and knees.

**3.** Jarnot says some of the oil will stay on your skin even after you towel off. If your skin is really parched, use an olive oil-infused moisturizer like O.N.E. Skincare Olive Oil Nourishing Enrichment (\$30, one-skincare.com).

—Jill Percia

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**FIT TO PRINT**  
*Gold and navy  
hues modernize a  
tribal pattern.*

Textile Elizabeth and James  
sweater jacket,  
\$385, [neimanmarcus.com](http://neimanmarcus.com);  
H&M dress, \$40, [hm.com](http://hm.com)  
for stores; Emu Australia boots,  
\$239, [emuaustralia.com](http://emuaustralia.com)

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**NATURE'S WAY**  
*A flaxen open-weave cardigan looks right with, well, everything.*

Aerie cardigan, \$69.50, [aerie.com](http://aerie.com); Cheap Monday sweater, \$75, [diperline.com](http://diperline.com); Smitten skirt, \$147, [smittennyc.com](http://smittennyc.com); Fiorentini + Baker boots, \$545, 212-226-7229; The Wayuu Taya Foundation bag, \$160, [wayuutaya.org](http://wayuutaya.org); Bing Bang Jewelry necklace, \$148, [bingbangnyc.com](http://bingbangnyc.com)

Styling: Jacqueline Azria-Palombo  
Hair and makeup: Danielle Decker for Dior/ArtMix  
Beauty, Propstyling: Abraham Latham/ArtMix Beauty

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